



nature wonder weekend - in my backyard

SEPTEMBER 20TH 22ND AT NORTH BEND STATE PARK

LEARN TO BRING YOUR FAVORITE WILD EDIBLES INTO YOUR OWN BACKYARD AT
NORTH BEND STATE PARK IN CAIRO, WEST VIRGINIA AN AGE OLD FORAGER'S PARADISE WHERE
YOU'LL DISCOVER A RICHNESS IN NATURE'S SIMPLICITY. WITH AN ABUNDANCE OF EDIBLE WILD FOODS
AND EXPERIENCED FORAGERS, PREPARE TO BE IMMersed IN A WEEKEND OF FORAGING AT ITS BEST.



**The National Wild Foods Association welcomes you to
the 52nd Annual Nature Wonder Weekend
September 20-22, 2019
at North Bend State Park
Cairo, West Virginia**

featured leaders, teachers and authors

Keynote speaker Vickie Shufer, naturalist, herbalist, and forager with a master's degree in therapeutic herbalism from Virginia Beach, Virginia and guest speaker David Hawkins of Mother Earth Foods in Parkersburg, West Virginia will help expand your knowledge of medicinal herb identification and uses with informative presentations and question and answer talks.

More information about Vickie Shufer can be found at ecoimages.us
More information about David Hawkins can be found at motherearthworks.com

leader led hikes and workshops

Choose from several hikes led by knowledgeable wild food experts throughout the weekend. Workshop choices ranging from wild edible identification, preparation, and preservation of your finds will help you bring the wild into your backyard. You'll be able to share your wild food cooking skills during the wild food contest and social hour.

wild food contests and social hour

Share your wild food culinary skills during the Friday evening wild food and wild cake contests and the Saturday social hour and wild drink contest.

meals and lodging

Although wild foods are featured throughout the weekend, five traditional Appalachian style buffet meals will be available in the North Bend lodge restaurant. Lodging options include lodge rooms, deluxe vacation cabins completely equipped for housekeeping with a full kitchen and bath, or your choice of campground sites ranging from non-electric to full hookup. All campground reservations can be made at wvstateparks.com or by calling 1-833-WV-PARKS

Sponsored by

National Wild Foods Association, West Virginia Division of Natural Resources, and North Bend State Park
Photo Courtesy of Russ Cohen

nature wonder weekend - reservation form

September 20-22, 2019
North Bend State Park, Cairo, West Virginia

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

Reservations are being made for the following persons. List name as you wish it to appear on the name tag.

NAME	CITY/STATE

For Office Use Only	Ck#	CC
Paid:	Rfd:	Due:
Rm#	NT SS E	

**REGISTRATION, LODGING AND MEAL RESERVATIONS MAY BE MADE
BY SUBMITTING THE FORM BELOW.**

PLEASE CALL 304-558-2754 FOR ADJUSTED RATES FOR LESS/MORE THAN DESIGNATED FULL OCCUPANCY,
ADDITIONAL NIGHTS STAY, AND PET FEES.

REGISTRATION

(Must be registered to participate in weekend activities including wild foods tasting events)

REGISTRATION - **\$35.00 PER PARTICIPANT:** # OF PARTICIPANTS _____ x \$35.00 = _____

LODGING

TWO NIGHTS LODGE ROOM PER PERSON

DOUBLE OCCUPANCY - **\$75.00** # OF PARTICIPANTS _____ x \$75.00 = _____

SINGLE OCCUPANCY - **\$150.00** # OF PARTICIPANTS _____ x \$150.00 = _____

TWO NIGHTS CABIN PER PERSON

4 PERSON CABIN, FULL OCCUPANCY - **\$61.00** # OF PARTICIPANTS _____ x \$61.00 = _____

6 PERSON CABIN, FULL OCCUPANCY - **\$45.00** # OF PARTICIPANTS _____ x \$45.00 = _____

8 PERSON CABIN, FULL OCCUPANCY - **\$42.00** # OF PARTICIPANTS _____ x \$42.00 = _____

IF LESS/MORE THAN FULL OCCUPANCY NUMBERS LISTED ABOVE PLEASE CALL 304-558-2754 FOR CABIN RATE.

NO LODGING CHARGE FOR CHILDREN'S LODGING FOR AGES 12 AND UNDER .

CAMPGROUND RESERVATIONS MAY BE MADE AT WVSTATEPARKS.COM OR BY CALLING 1-800-833-WV-PARKS

MEALS

FULL MEAL PACKAGE (5 LODGE RESTAURANT MEALS) - **\$80.00** # OF PARTICIPANTS _____ x \$80.00 = _____

MEAL PACKAGE - NO SATURDAY DINNER - **\$59.00** # OF PARTICIPANTS _____ x \$59.00 = _____

SATURDAY LUNCH AND DINNER ONLY - **\$36.00** # OF PARTICIPANTS _____ x \$36.00 = _____

CHILDREN'S MEAL PACKAGE (AGES 7-11) - **\$67.00** # OF PARTICIPANTS _____ x \$67.00 = _____

CHILDREN'S MEALS FOR AGES 6 AND UNDER - NO CHARGE WITH ADULT PACKAGE

TOTAL PAYMENT DUE

GRAND TOTAL = _____

QUESTIONS:

CALL 304-558-2754 OR CONTACT EMILY AT EMILY.J.FLEMING@WV.GOV OR WENDY AT WENDY.L.GREENE@WV.GOV

PAYMENT MUST ACCOMPANY RESERVATION FORM. MAKE CHECKS AND MONEY ORDERS PAYABLE TO WV DIVISION OF NATURAL RESOURCES. CREDIT CARD PAYMENTS ARE ACCEPTED OVER THE PHONE. MAIL RESERVATION FORM WITH PAYMENT TO THE ADDRESS BELOW. PAYMENT WILL BE RETURNED IF REQUESTED RESERVATIONS ARE NOT AVAILABLE. REFUNDS WILL BE ISSUED UNTIL SEPTEMBER 6, 2019.

MAIL TO: WV DIVISION OF NATURAL RESOURCES
324 4TH AVENUE
ROOM 328
SOUTH CHARLESTON, WV 25303
304-558-2754

**33RD ANNUAL
WOOD-FAUST NATIONAL WILD FOODS ASSOCIATION
WILD FOODS CONTEST**

CONTEST INFORMATION:

PREREGISTRATION FOR CONTESTS IS NOT REQUIRED.
PLEASE DO NOT PUT YOUR NAME ON YOUR ENTRIES.
PLEASE PROVIDE A RECIPE OR INGREDIENT LIST FOR THE JUDGES (EXACT MEASUREMENTS NOT NECESSARY).
CONSIDERATION OF THE JUDGES INCLUDE: THE AMOUNT OF WILD INGREDIENTS IN THE ENTRY, TASTE AND PRESENTATION. THE MORE WILD INGREDIENTS THE BETTER!

FRIDAY:

HAVE YOUR ENTRY PREPARED AND IN THE LODGE LOBBY BY 8 P.M. FOR THE FRIDAY EVENING JUDGING.

HAZEL WOOD COMMEMORATIVE WILD FOODS CONTEST

IN MEMORY OF HER MOTHER HAZEL AND BROTHER IRA, EDELENE WOOD PROVIDES TWO \$50 PRIZES FOR THE BEST WILD FOOD COOKS IN THE CATEGORIES OF MAIN DISH-WILD MEAT AND DESSERT.

NAME OF ENTRY: _____

BEST WILD CAKE

FROM WARSAW, NORTH CAROLINA AND LONGSTANDING JUDGE OF THE WILD FOODS CONTESTS, BILL FAUST PROVIDES A \$50 PRIZE FOR THE BEST WILD CAKE.

NAME OF ENTRY: _____

SATURDAY:

HAVE YOUR WILD DRINK ENTRY PREPARED AND IN THE LODGE CONFERENCE ROOM BY 4 P.M. FOR THE JUDGING DURING THE WILD FOODS SOCIAL HOUR.

MAXINE SCARBRO WILD FRIENDSHIP CUP

IN MEMORY OF MAXINE SCARBRO, THE WILD FRIENDSHIP CUP WILL BE AWARDED TO THE PERSON MAKING THE BEST WILD DRINK DURING THE SATURDAY EVENING PROGRAM .

NAME OF ENTRY: _____

WILD FOODS SOCIAL HOUR (RECIPES NOT NECESSARY)

I WILL PREPARE THE FOLLOWING FOODS FOR THE SATURDAY WILD FOODS SOCIAL: _____

I AM INTERESTED IN HELPING WITH WILD FOOD PREPARATION PRIOR TO THE WILD FOODS SOCIAL:

NAME: _____